

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Mandy van den Berg

Has successfully participated & completed the

12km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

**TIME** 01:33:38

**PACE** 07:48/km

**OVERALL** 108 of 124

**GENDER** 62 of 77

**40 - 49** 19 of 23

28 August 2016, Sun

**Date** 

